

Healthy Start Sites in Connecticut

Refer to these Healthy Start Sites	For Residents of These Towns	Phone number	Hours of service
Bridgeport Department of Social Services 752 East Main Street Bridgeport, CT 06608	Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull	(203) 576-8181 or 576-7458	Mon. - Fri. 9 am – 5 pm
Optimus Health Center 1351 Washington Blvd. Stamford, CT 06902	Darien, Greenwich, Stamford	(203) 621-3836	Mon. - Fri. 8 am – 4 pm
Family & Children Agency 9 Mott Avenue Norwalk CT 06851	New Canaan, Norwalk, Weston, Wilton	(203) 604-1230 ext. 313	Mon. - Fri. 9 am – 5 pm. Mon., Tue., Fri. 5-7:30 pm
New Haven Health Department 54 Meadow Street New Haven, CT 06519	Ansonia, Bethany, Branford, Derby, East Haven, Hamden, Madison, Milford, New Haven, North Haven, Orange, Seymour, Shelton, West Haven, Woodbridge	(203) 946-8187 W Walk-in appt. available	Mon. - Fri. 9 am - 5 pm
Yale New Haven Hospital – Women’s Center 789 Howard Avenue, New Haven	New Haven and contiguous towns of New Haven	Walk-in appt. available	Mon.– Thu. 9 am - 3 pm
Hospital of Saint Raphael Primary Care 1450 Chapel Street, New Haven	New Haven and contiguous towns of New Haven	Walk-in appt. available	Wed. 9 am - 3 pm
Community Health Center, Inc. 635 Main Street Middletown, CT 06457	Clinton, Guilford, Meriden, Middletown, all Middlesex County, New Britain, Farmington, Meriden, Wallingford, Cheshire, West Haven, East Haven, Branford, N Branford, Madison and Guilford, Old Lyme	Middletown (860) 347-6971, Meriden (203) 237-6971, Clinton (860) 664-0787, for application assistance, (860) 224-3642 x5140	Monday through Friday 8:30 am to 5:30 pm. Call for Sat. & Night hours.
United Community Family Services 47 Town Street Norwich, CT 06360	Bozrah, Colchester, Franklin, Griswold, Lebanon, Lisbon, Norwich, Preston, Sprague, Voluntown	(860) 892-7042 ext. 319	Mon., Wed., Thu. & Fri. 9 am – 5 pm Tue. 10 am – 6 pm
Generations Family Health Center 1315 Main Street Willimantic, CT 06226	Ashford, Chaplin, Columbia, Coventry, Hampton, Mansfield, Scotland, Union, Windham, Willington	(860) 456-7471 ext. 124	Monday 3-6:00 Tuesday 9 - 3 Thursday 9- 7 Friday 9-1
Lawrence & Memorial Hosp 365 Montauk Avenue New London, CT 06320	East Lyme, Groton, Ledyard, Montville, New London, North Stonington, Salem, Stonington, Waterford	(860) 442-0711 ext 2486	Mon. - Fri. 7:00 am – 3:30 pm
Day Kimball Hosp 320 Pomfret Street Putnam, CT 06260	Brooklyn, Canterbury, Eastford, Killingly, Plainfield, Pomfret, Putnam, Sterling, Thompson, Woodstock	860-928-6541, option 1, then ext 2595#	Mon. - Thu. 8:30 am – 4 pm Fri. 9:00 am - 4 pm

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Staywell Health Center 80 Phoenix Ave. Suite 306 Waterbury, CT 06702 Danbury Community Health Center	Bethel, Bridgewater, Brookfield, Cheshire, Danbury, Middlebury, Naugatuck, New Fairfield, New Milford, Newtown, Prospect, Redding, Ridgefield, Sherman, Southbury, Waterbury, Watertown, Wolcott, Woodbury Danbury	(203) 756-8021 ext. 3001 (203) 756-8021 ext. 3018	Mon. - Fri. 8 am – 4:30 pm, two Sat. per month and by appointment as needed. Per appointment only
Family Strides, Inc. 350 Main Street, Suite D Torrington, CT 06790	Bantam, Barkhamsted, Canaan, Cornwall, Falls Village, Goshen, Hartland, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Thomaston, Torrington, Warren, and Winsted	(860) 482-3236 by appointment	Mon., Wed., Thu. 8 am – 4 pm, Tue. 8 am - 7 pm, Fri. 8 am - 3 pm
Naugatuck Valley Health District 98 Bank Street Seymour, CT 06483	Ansonia, Beacon Falls, Derby, Naugatuck, Oxford, Seymour, and Shelton	(203) 881-3255	Mon. - Fri. 8:30 am – 4 pm
Hartford Health and Human Services Department 131 Coventry Street Hartford, CT 06112	Bloomfield, Hartford (11 neighborhoods), Newington, Rocky Hill, Wethersfield, Windsor	(860) 543-8834	Mon. - Fri. 8:30 am – 4:30 pm
Hispanic Health Council 175 Main Street Hartford, CT 06106	Andover, Bolton, East Granby, East Hartford, Ellington, Enfield, Glastonbury, Hartford (South Green, Frog Hollow), Hebron, Manchester, Marlborough, Somers, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford	(860) 527-0856	Mon. - Fri. 8:30 am -4:30 pm
Bristol Community Organization 55 South Street Bristol, CT 06010	Avon, Berlin, Bristol, Burlington, Canton, Farmington, New Britain, Plainville, Plymouth, Simsbury, Southington	(860) 584-2725 x23	Mon. - Fri. 8:30 am – 4:30 pm

Healthy Start staff provides focused health-related education, case management, care coordination, and HUSKY application assistance services to eligible pregnant women to promote and protect the health of both mother and baby. Healthy Start services continue postpartum through the second year of the child's life. Services may include home visits at some sites. HS also uses presumptive eligibility to connect pregnant woman and children to necessary health services and health insurance, if eligible.

The range of services provided depends on: 1. the risk assessment done on the pregnant women, and 2. staff availability. Towns in second column represent the service area for each Healthy Start site. Healthy Start serves women and families from all CT cities and towns, where it is most convenient for the family.

For additional information/questions, call 860-424-4892.

Revised 5/10